

**APPENDIX "A"**  
**STEADMAN APPARENT TEMPERATURE INDEX**  
**(CENTIGRADE)**

<b>DRY BULB (TEMP.)</b>	<b>RELATIVE HUMIDITY (%)</b>										
<b>C</b>	<b>0</b>	<b>10</b>	<b>20</b>	<b>30</b>	<b>40</b>	<b>50</b>	<b>60</b>	<b>70</b>	<b>80</b>	<b>90</b>	<b>100</b>
<b>20</b>	16	17	17	18	19	19	20	20	21	21	21
<b>21</b>	18	18	19	19	20	20	21	21	22	22	23
<b>22</b>	19	19	20	20	21	21	22	22	23	23	24
<b>23</b>	20	20	21	22	22	23	23	24	24	24	25
<b>24</b>	21	22	22	23	23	24	24	25	25	26	26
<b>25</b>	22	23	24	24	24	25	25	26	27	27	28
<b>26</b>	24	24	25	25	26	26	27	27	28	29	30
<b>27</b>	25	25	26	26	27	27	28	29	30	31	33
<b>28</b>	26	26	27	27	28	29	29	31	32	34	36
<b>29</b>	26	27	27	28	29	30	31	33	35	37	40
<b>30</b>	27	28	28	29	30	31	33	35	37	40	45
<b>31</b>	28	29	29	30	31	33	35	37	40	45	
<b>32</b>	29	29	30	31	33	35	37	40	44	51	
<b>33</b>	29	30	31	33	34	36	39	43	49		
<b>34</b>	30	31	32	34	36	38	42	47			
<b>35</b>	31	32	33	35	37	40	45	51			
<b>36</b>	32	33	35	37	39	43	49				
<b>37</b>	32	34	36	38	41	46					
<b>38</b>	33	35	37	40	44	49					
<b>39</b>	34	36	38	41	46						
<b>40</b>	35	37	40	43	49						
<b>41</b>	35	38	41	45							
<b>42</b>	36	39	42	47							
<b>43</b>	37	40	44	49							
<b>44</b>	38	41	45	52							
<b>45</b>	38	41	47								
<b>46</b>	39	43	49								
<b>47</b>	40	44	51								
<b>48</b>	41	45	53								
<b>49</b>	42	47									
<b>50</b>	42	48									

**NOTE:** ADD 6° C WHEN PROTECTIVE CLOTHING IS WORN AND ADD 6° C WHEN IN DIRECT SUNLIGHT

**APPENDIX "A" CONT'D**  
**STEADMAN APPARENT TEMPERATURE INDEX**  
**(CENTIGRADE)**

<b>HUMITURE °C</b>	<b>DANGER CATEGORY</b>	<b>INJURY THREAT</b>
<b>Below 15 °C</b>	None	Little or no danger under normal circumstances.
<b>26 °C to 32 °C</b>	Caution	Fatigue possible if exposure is prolonged and there is physical activity.
<b>32 °C to 40 °C</b>	Extreme Caution	Heat cramps and heat exhaustion possible if exposure is prolonged and there is physical activity.
<b>40 °C to 54 °C</b>	Danger	Heat cramps or exhaustion likely, heat stroke possible if exposure is prolonged and there is physical activity.
<b>Above 54 °C</b>	Extreme Danger	Heat stroke imminent!